Professional Advisory Board Statement

COVID-19 Vaccine Information for People with Marfan, VEDS, Loeys-Dietz, and Related Genetic Aortic and Vascular Conditions

The Professional Advisory Board of The Marfan Foundation recommends that all approved groups get vaccinated for COVID-19. The position of the Professional Advisory Board is that the potential benefits of COVID-19 vaccination outweigh potential risks for individuals with Marfan syndrome and related conditions in approved groups. We will communicate any new recommendations as we await specific guidance for young children and pregnant women.

Patients with Allergic Reactions
While there are still many open questions about the allergic reactions reported with the COVID vaccine, as per current guidance, people with a history of anaphylaxis (not due to vaccines or injectable medications) can still receive the vaccine but should be monitored for 30 minutes after being vaccinated.

For people with a history of a severe allergic reaction to any vaccine or injectable therapy, consultation with an allergist would be prudent.

ARBs, Beta-Blockers, ACE Inhibitors, and the COVID-19 Vaccine
The antibodies produced by the vaccine will not interact with commonly prescribed blood pressure medications, including beta blockers, ARBs, and ACE inhibitors.

Cautions for Spreading COVID-19
It is important for everyone to continue using all the tools available to help stop this pandemic. Even after vaccination, cover your mouth and nose with a mask when around others, stay at least six feet away from others, avoid crowds, and wash your hands often until the CDC provides other guidance.

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